



## **IMPACT SPRING MEETING**

Thursday, March 6 • 9:15 a.m. - 3:30 p.m. • Virtual / Zoom

Join IMPACT online for the first meeting of 2025! The theme of this meeting is wellness. We are excited to be joined by the Wellness Council of Indiana to speak on their various programs to improve Hoosier quality of life. Next, we'll dive into some homegrown municipal wellness programs and mental health initiatives, sharing examples and best practices to implement in your community. Come ready to discuss! This meeting will be FREE for 2024 and 2025 IMPACT Members.

## **AGENDA**

THURSDAY, MAR	CH 6 Times are Eastern	
9:15 a.m.	Zoom Waiting Room Opens	
9:30 a.m.	Welcome & Introductions	
9:45 a.m.	Wellness Council of Indiana	
11:00 a.m.	Homegrown Municipal Wellness Programs: Examples and Discussion	
12:30 p.m.	Lunch Break	
1:45 p.m.	Zoom Waiting Room Open	
2:00 p.m.	Mental Health Initiatives: Examples and Discussion	
3:00 p.m.	Roundtable Discussion	
3:30 p.m.	Adjourn	

## **REGISTRATION**

REGISTRATION FEE

\$0 IMPACT Member

Phone

Email

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☐ \$45 IMPACT Non-Member

YOUR INFORMATION			
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Title			
Municipality			
Address			
City	State	ZIP	