## "The Let Them Theory"

by Mel Robbins

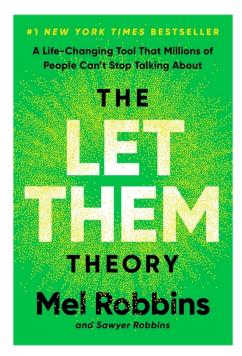
**Date and Time**: Sunday, August 10, 2025, 8:00am-3:00pm EDT (Lunch provided)

**Location**: French Lick Springs Resort Center 8670 West State Road 56, French Lick, Indiana 47432: Reagan Room

**Cost**: \$100 for ILMCT members, \$125 for non ILMCT members (book must be purchased separately)

## Facilitator: Nicole Bolden

We are thrilled to have Nicole Bolden, ILMCT President and accomplished Athenian Dialogue Facilitator, lead this discussion. As the Bloomington City Clerk since 2015, Nicole's leadership and expertise have been recognized with numerous certifications, including her IAMC, CMC, IAMCA, and MMC. In 2024, she became Indiana's only IIMC Athenian Dialogue Facilitator.



Come ready to discuss the content and practical lessons you discovered in the book. This Athenian Dialogue has been preapproved for IIMC educational points for those that complete a practicum.

"Let them." Two simple words that can change your life.

In *The Let Them Theory*, Mel Robbins challenges us to stop chasing control and start reclaiming peace. What if we stopped trying to fix, rescue, or please—and simply let people do what they're going to do? Let them judge. Let them walk away. Let them be who they are.

This isn't about giving up. It's about setting yourself free.

Join us as we read and discuss this powerful concept together—learning to let go of what we can't control, and grow into stronger, healthier versions of ourselves.

	REGISTRATION
This di	alogue is limited to a total of 30 participants – with up to 25 ILMCT members participating.
	Please register as soon as possible but no later than July 11th, 2025.
	Registration will be determined on a first-come basis.
	*Payment should be made out to ILMCT. Mail payment with registration to:
	ILMCT 125 W Market Street, Suite 100, Indianapolis, IN 46204
Name: Address:	Title:
Municipality:	State: Zip:
Telephone:	
Email:	
-	
Questions? Plea	ase contact: Miriah Tobias, by phone: 260-306-3542, or email: <u>mtobias@northmanchester.in.gov</u> OR Jennifer Sandberg, by phone: 219-798-2605, or email: <u>jennifer.sandberg@cedarlakein.gov</u>